



# Hebrews

**Chapter 4:14-16**



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- Where are we up to?
- What is a High Priest?
- Why we can enter His rest.



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- **Where are we up to?**
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# Where are we up to?

Since others failed...

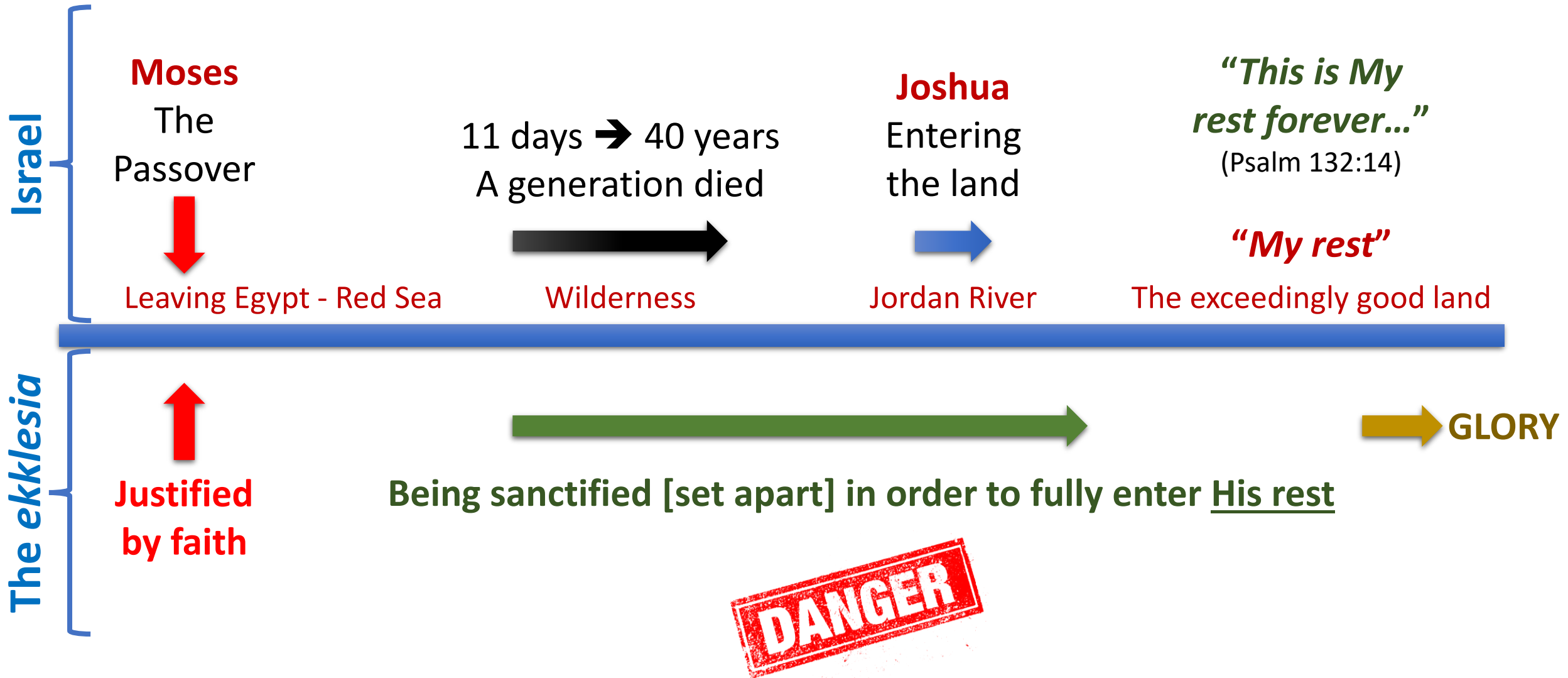
“Today, if you will  
heed His voice...”

Therefore,  
since a promise remains of entering His rest,  
**let us fear** lest any of you seem to have come short of it.

(Hebrews 4:1)

Do you?

# The historical background to "His rest"



## What went wrong? (see Numbers 13)

We went to the land ...  
It truly flows with milk  
and honey ...

**Nevertheless**, the  
people who dwell in  
the land are strong...

**Let us go up at once and  
take possession, for we are  
well able to overcome it.**

If the Lord delights in us,  
then **He will bring us** into this land  
and give it to us...

(Numbers 14:8)

# What is “His Rest”?

He who has entered His rest  
has himself **also** ceased from his works  
as God did from His.

(Hebrews 4:10)



Why?

# What is “His Rest”?

- It is **not** simply “a rest”
- God rests when **His work is finished**
- His rest is **His finished work** made available to us



A sabbath rest...





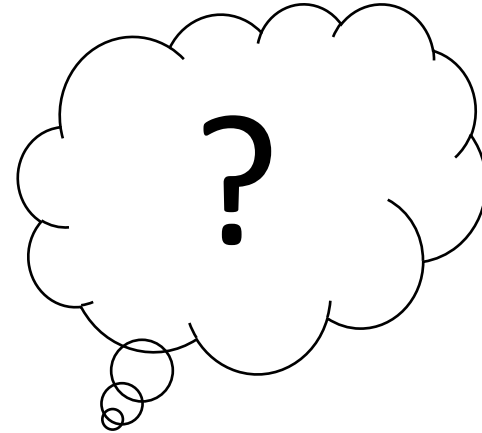
# Hebrews

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- Where are we up to?
- **What is a High Priest?**
- Why we can enter His rest.

Since then  
we have a great **High Priest...**

(Hebrews 4:14)



# What is a High Priest?

- The clothing of the High Priest
  - The onyx stones
  - The breastplate
- The Day of Atonement



# The Onyx Stones

Then you shall take two onyx stones and engrave on them **the names of the sons of Israel...**

**So Aaron shall bear their names before the LORD on his two shoulders as a memorial.**

(Exodus 28:9,12)



# The Breastplate



You shall set in it four rows of stones...

**There shall be twelve stones with their names** according to the names of the sons of Israel.

(Exodus 28:17,21)

1 Sardius Reuben	2 Topaz Simeon	3 Carbuncle Levi
4 Emerald Judah	5 Sapphire Issachar	6 Diamond Zebulun
7 Ligure Nephtali	8 Agate Gad	9 Amethyst Asher
10 Beryl Manassah	11 Onyx Ephram	12 Jasper Benjamin

# The Breastplate



Wisdom and guidance

And you shall put in the breastplate of judgment the **Urim and the Thummim**, and they shall be over Aaron's heart when he goes in before the LORD.

**So Aaron shall bear the judgment of the children of Israel over his heart before the LORD continually.**

(Exodus 28:30)

# The Day of Atonement

The 10<sup>th</sup> day of  
the 7<sup>th</sup> month

Israel was totally  
dependant on the  
High Priest

For on that day  
the priest shall **make atonement for you**, to cleanse you,  
**that you may be clean from all your sins before the LORD.**  
It is a **sabbath** of solemn rest for you...

(Leviticus 16:30-31)

This is God's work



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- **Why we can enter His rest.**



Since then  
we have a great **High Priest**  
who has passed through the heavens,  
**Jesus, the Son of God,**  
let us hold fast our confession.

(Hebrews 4:14)



Christ ... whose house we are  
if we **hold fast** the confidence  
and the rejoicing of the hope.

(Hebrews 3:6)

We have become partakers of Christ  
if we **hold** the beginning of our confidence  
**steadfast** to the end...

(Hebrews 3:14)

Let us hold fast our confession...

If you **confess** with your mouth  
that Jesus is Lord  
and **believe** in your heart  
that God raised him from the dead,  
**you will be saved.**

(Romans 10:9)

# Let us hold fast our confession...

**Therefore**

we must give the more earnest heed  
to the things we have heard,  
lest **we drift away**.

(Hebrews 2:1)




How shall we escape  
if we **neglect**  
**so great a salvation...?**

(Hebrews 2:3)



# Why we can enter His rest

Since then  
we have a great **High Priest**  
who has passed through the heavens,  
 **Jesus, the Son of God,**  
let us **hold fast** our confession.

(Hebrews 4:14)

“Behind the veil”  
(Hebrews 6:19)

# Why we can enter His rest

Double negative  
for emphasis

For we **do not** have a **High Priest** who is **unable** to sympathise with our **weaknesses**, but one who in every respect has been **tempted as we are**, **yet without sin.**

The Lord Jesus  
shared human  
weakness!

(Hebrews 4:15)

No temptation has overtaken you  
except such as is **common to man...**

(1 Corinthians 10:13)

# Our weaknesses...

## Body:

- Hunger and cold
- Tiredness
- Sickness

## Mind:

- Understanding
- Repetitive work
- Bearing trials and troubles

Opportunities for temptation

When we yield

**SIN**

# Why we can enter His rest



He knows...

For we do not have a **High Priest** who is unable to sympathise with our **weaknesses**, but one who in every respect has been **tempted as we are**, **yet without sin**.

(Hebrews 4:15)

# Therefore...

Confidently

Let us **therefore** come boldly  
to the **throne of grace**,  
that we may **receive mercy**  
and **find grace** to help in time of need.

(Hebrews 4:16)

Compassion

The right time

No temptation has overtaken you  
except such as is common to man;  
**but God is faithful...**

(1 Corinthians 10:13)



# Where have we come to?

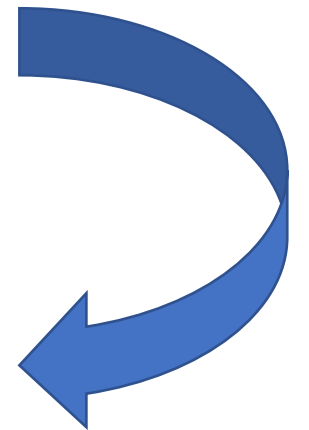
Therefore, since a promise remains of entering His rest,  
**let us fear** lest any of you seem to have come short of it.

(Hebrews 4:1)

The great High Priest, **Jesus**, the Son of God

Let us therefore come boldly  
to the **throne of grace**,  
that we may **receive mercy**  
and **find grace** to help in time of need.

(Hebrews 4:16)



**We have no excuse!**

**Let us come boldly  
to the throne of grace  
together**